

# PSYCHIATRIST

Volume 60, Number 10

June 2012

Newsletter of the Southern California Psychiatric Society

## President's Column

# Back to Philadelphia

Larry Lawrence, M.D.



To those who attended, welcome back from the APA meetings in Philadelphia. Congratulations to our new SCPS Distinguished Fellows Dr. Thuy Nguyen and Dr. Leigh Lindsey. This honor acknowledges their many contributions as colleagues, clinicians, educators, administrators, and patient advocates. Well Done! To those who could not attend this year, see you in San Francisco in 2013.

The APA meetings curriculum continue to be topical, practical, innovative and thoughtful. The breadth of topics, the quality of the presentations, and the use of special tracks all contributed to a well regarded and well received program. Being in Philadelphia, I went to the Penn Medicine blogs at [www.uphs.upenn.edu](http://www.uphs.upenn.edu). This is a treasure trove of information. Below a brief summary of events germane to psychiatry in Philadelphia.

The choice of Philadelphia harkens back to the roots of organized psychiatry in the United States. The Pennsylvania Hospital saw its roots in the mid 1700's. The hospital was developed with the support of Benjamin Franklin and Dr. Thomas Bond. As the population boomed, there became large numbers of "lunatics" in the community. Franklin and Bond led fundraising to establish a hospital. Among the earliest admissions were mentally ill individuals.

Thirty years later Benjamin Rush was hired to run the hospital. Rush was a unique individual who trained in the US at the College of New Jersey, later to become Princeton University. He became a teacher of chemistry, apprenticed with a Pennsylvania physician, and studied medicine in Scotland. He returned, worked as a surgeon, eventually becoming Surgeon General to the Continental Army as well as a signer of the Declaration of Independence. He practiced a type of moral therapy for the mentally ill with focus on healthy living and occupational therapy. He presided over changes in the Philadelphia Hospital which included recognition of mental illness as an illness, not a form of demon possession, and a move away from the stigma of mental illness.

One of his successors, Dr. Thomas Kirkbride laid the foundation for the APA. Kirkbride had the vision to make the Pennsylvania Hospital for the Insane a part of a general hospital, bringing psychiatry squarely into the house of medicine. He also hosted a meeting of thirteen superintendents of state hospitals for the insane in 1844. This meeting is generally acknowledged as the beginning of the APA as well as the earliest medical specialty organization in the United States. The hospital was later named the Institute of the Pennsylvania Hospital. The Institute contributed richly to psychiatry and the

(Continued on page 2)

APA, including 12 APA presidents. Reviewing this history reminds us of the ongoing efforts of so many in our profession. We have inherited a legacy of service, de-stigmatization, research, program development, treatment, teaching, and always re-

<b>In This Issue...</b>	
Letter from the Editor .....	3
Women's High Tea: The Money Talk .....	5
Council Highlights .....	8

sponding to developing demands for service. It is a rich heritage, and an ongoing challenge.

I find Philadelphia to be a homecoming. I studied medicine at the Hahnemann Medical College. Scheduled to lead our convocation march was Dr. Paul Fink, a former APA president, but also chairman of psychiatry at Hahnemann Medical College during my training years. Sometimes things truly come full circle. My thanks to Dr. Fink for capturing my attention and stimulating my interest in psychiatry.

Thanks also to my former co-chief resident at Bellevue-NYU. Dr. Ann Sullivan completed a very successful year as Speaker of the APA Assembly. We have all benefitted from her patient and steady leadership in a time of significant demands and difficulties. Ann was appreciated here participating and contributing at CPA meetings over the last several years and keeping us current on national developments.

Final notes to those who wish to contribute thoughts and impressions or recommendations about the DSM 5, there is a short window of comment, coming to a close in mid June. [www.DSM5.org](http://www.DSM5.org) is where to go. Also comments to Dr. Larry Gross, who has been our liaison to the DSM5 committee, are welcome.

## Advertisement

The Psychiatric Emergency Service at Los Angeles County Harbor-UCLA Medical Center is among the nation's busiest services of its kind. Located in the southern part of Los Angeles County, one of the nation's most diverse ethnic areas, it offers a unique opportunity to work with a diverse patient population seeking care in a public mental health system. Harbor-UCLA has fully accredited programs in adult and child/adolescent psychiatry and a close academic affiliation with the Geffen School of Medicine at UCLA. In addition to providing direct clinical care, there are ample opportunities for supervision and mentoring of residents and medical students, as well as an opportunity to pursue research interests for those interested in an academic career. We have one full-time academic faculty position, and part-time positions (which would include some evening work) available. Candidates must have active California license. Harbor-UCLA is an equal opportunity/affirmative action employer.

Please send letter of interest and CV to David Rad, M.D.,

Director of the Psychiatric Emergency Service, Harbor-UCLA Medical Center

[drad@ucla.edu](mailto:drad@ucla.edu)

# Letter from the Editor

Filling IN

Colleen Copelan, M.D.



Here's a redacted piece from the Los Angeles Times. You fill in the gaps:

Traditional \*\*\*\*\* wary of \*\*\*\*\* therapists.

\*\*\*\*\* therapists are expected to fill a gap in care, with nearly 17 million children in the U.S. lacking coverage. But the American \*\*\*\*\* Assn. argues that therapists aren't adequately trained to perform major work.

Crystal Ann Baker isn't a \*\*\*\*\* , but she \*\*\*\*\* \*\*\*\*\* , \*\*\*\*\* \*\*\*\*\* and even performs children's \*\*\*\*\* .

Baker, who treats low-income patients in St. Paul, Minn., is among the nation's first \*\*\*\*\* therapists — an innovative and controversial health position intended to fill socioeconomic and geographic gaps in \*\*\*\*\* care.

With nearly 17 million children nationwide lacking \*\*\*\*\* care and health reform expected to increase demand, California and other states are exploring similar models to expand the \*\*\*\*\* workforce, setting the stage for a series of battles with \*\*\*\*\* organizations that warn that patient safety is at stake.

The American \*\*\*\*\* Assn. argues that \*\*\*\*\* therapists lack the training and education needed to perform irreversible \*\*\*\*\* procedures and to identify patients' other medical problems.

The California Academy of \*\*\*\*\* \*\*\*\*\* argues that high school graduates with a few years of training could end up performing delicate procedures with permanent consequences. "Imagine how you would feel if your children were being taken care of by these people," said Sun Costigan, president of the organization.

But advocates and researchers counter that concerns about insufficient training and substandard quality are unfounded.

Therapists would be properly educated and would help close vast gaps in care that can lead to costly emergency room visits for \*\*\*\*\* problems, said Shelly Gehshan, director of the Children's \*\*\*\*\* Campaign for the Pew Center on the States. Nationwide, 830,000 emergency room visits in 2009 were due to preventable \*\*\*\*\* problems, according to the center.

Many of the children lacking care don't have insurance, live in areas without enough \*\*\*\*\* or can't find doctors who accept Medicaid. Problems accessing \*\*\*\*\* could grow in 2014, when 5 million more children are expected to get \*\*\*\*\* insurance under the federal healthcare reform law.

"We need more qualified people to expand the reach of the \*\*\*\*\* system," Gehshan said.

\*\*\*\*\* concerns about competition also are unwarranted, she said. She said therapists wouldn't "threaten \*\*\*\*\* identity, their control over the profession or their incomes."

Sound familiar? If you guessed dental, you're right. If you guessed any other health care profession, you're pretty close. Access to the full story at [www.latimes.com/news/local/la-me-dental-battle-20120603,0,4784106.story](http://www.latimes.com/news/local/la-me-dental-battle-20120603,0,4784106.story) [cocopelan@aol.com](mailto:cocopelan@aol.com)

# The **ONLY** APA-endorsed Medical Malpractice Program

## Why would you want to use anyone else?

If you are not already insured with The American Psychiatric Association's endorsed program administered by the American Professional Agency, Inc. don't get left behind!

Join your fellow members who have found their protection with the APA-endorsed insurance product that best serves their needs.



- Great LOW rates are available
- Years in APA's prior program count towards tail coverage
- Fire Damage Legal Liability Coverage included
- Occurrence and Claims-Made forms available
- Information Privacy Coverage (HIPAA) included
- Coverage for telepsychiatry and ECT is included at no additional charge
- Licensing Board Coverage with no aggregate
- Credit card payment is available
- 10% Discount for New Insureds who are claims free for the last six months
- 10% Claims Free Discount if you have been claims free for the last ten years
- No Surcharge for claims

Above coverage features are subject to individual state approval.



American Professional Agency, Inc.  
Toll Free: 1-877-740-1777  
[www.ApaMalpractice.com](http://www.ApaMalpractice.com)

**Interest Free  
Quarterly Payments**

To go to our  
Website Scan Here



The SCPS Women's Committee hosted its fourth High Tea on Saturday, May 19th, 2012 at the beautiful home of Doryann Lebe, M.D. (past SCPS President). The topic was: The Money Talk and it featured three speakers; a psychiatrist/MBA, an attorney, and a psychiatrist/CPA/MBA. The talks were informative, honest and we had a mindfulness exercise. As with all of the teas, the networking and collegiality were 'priceless.'



Britton Arey, M.D., gave tips for running a successful private practice (fee for service).



We were lucky to have Linda O. Hatcher, J.D., who graciously volunteered her time to teach us about contract negotiation.



SCPS member, Lynne Love, M.D., who is also a neurologist, CPA and MBA gave a personal perspective about money and led us in a mindfulness exercise.



The teas are always superbly moderated by our illustrious committee chair, Yara Salman, M.D.



Raffle prize winners!



Always a great response!

Advertisement

*"This is a great place to build a career, with outstanding clinical leadership and colleagues we value."*



Chris Camilleri,  
M.D.

O.C. White,  
M.D.

# Success Factors

Establish your future with a stable organization strategically positioned for successful healthcare integration. State-of-the-art programs provide diverse opportunities in telepsychiatry, Wellness Centers, crisis resolution, consultation to integrated health/ mental health/substance abuse programs, and field capable services, as well as clinic, jail and juvenile justice settings.

Join us for professional growth and career options that make a difference in the lives of people who need our help. Our organization's size (200+ psychiatrists), diversity and range of opportunities provide an exciting and rewarding environment for collegial collaboration and advancement.

We offer competitive salaries (**ranging from \$142,944 to \$288,483 annually**) and excellent benefits.



For consideration, email your CV to: [omd@dmh.lacounty.gov](mailto:omd@dmh.lacounty.gov)  
Roderick Shaner, M.D., Medical Director  
Los Angeles County Department of Mental Health  
550 South Vermont Avenue  
Los Angeles, California 90020  
(213) 738-4603

## More than just medical professional liability insurance...

- More than 18,000 psychiatric claims expertly handled
- \$50,000 administrative defense coverage at no additional charge
- Over 40,000 issues responded to by the Risk Management Consultation Service (RMCS) since inception in 1997
- Accredited by the ACCME
- FREE in-person and online CME education
- Coverage for forensic and telemedicine psychiatric services
- Premium discounts - and much more!



### Are you following us?

Be sure to check out *The President's Column*, a weekly blog written by PRMS President and CEO Martin Tracy, to keep you current on psychiatric liability issues and trends. You can also access guest blogs written by PRMS staff. Visit [www.psychprogram.com/news/tpp.html](http://www.psychprogram.com/news/tpp.html)

Have a Twitter account? Follow us **@PsychProgram** for the latest news updates and announcements.



## The Psychiatrists' Program®

Medical Professional Liability Insurance  
Designed for Psychiatrists

TheProgram@prms.com ~ [www.PsychProgram.com](http://www.PsychProgram.com) ~ (800) 245-3333, ext. 389

 Follow us on Twitter @PsychProgram

In California, d/b/a Transatlantic Professional Risk Management and Insurance Services

# Council Highlights

## May 17, 2012

Anita Red, M.D., *ECP Deputy Representative*



Dr. Lawrence called the meeting to order. A motion was made to accept the April minutes. All voted in favor, and none opposed. There was a welcome with an introduction of the members of this year's council. Dr. Lawrence announced the five Distinguished Fellowship nominations for approval. A motion was made to accept these five nominations. All voted in favor, and none opposed. Dr. Silverman made a motion to grant funding to The Women's Committee. The SCPS will fund the difference of the PER contribution to this event. The motion was rephrased to say the SCPS host and sponsor the Women's High Tea event, with a PER contribution. Dr.

Shaner amended the motion, which was accepted, to include a determination of cost-per-person and a budget for events in the future. All voted in favor of the motion, and none opposed. The funding will be from the SCPS general funds of the budget.

Dr. Lawrence discussed a reception for Assemblywoman Holly Mitchell. The CPA requests an SCPS member to attend. Dr. Soldinger volunteered to attend. Next, a chair is needed for the NAMI dinner on June 7, 2012. Dr. Soldinger volunteered to facilitate this dinner. Mark Gale is requested to co-facilitate this event. Next, there are several vacant positions for council. Drs. Farooqi and Erikson are nominated to fill these positions. A motion was made to accept these nominations. All voted in favor, and none opposed.

Dr. Red gave a report from the Website/IT/Communications committee. Dr. Lawrence discussed a recruitment letter written by Dr. Ettekal. A letter requesting a list of at-risk members will be drafted to send to the APA. The Conflict of Interest committee gave a report, which included an answer to the call-to-action made at the last council meeting. It was reported that the COI policy will not conflict with the current by-laws. On behalf of Dr. Thurston, Dr. Shaner nominated Assemblyman Beall for the Ed Rudin/Warren Williams Awards. All voted in favor, and none opposed. Dr. Shaner also nominated Dr. Pating for the award.

Dr. Schaepper made a motion to grant funding to USC and SFV resident events. All voted in favor, and none opposed. Dr. Soldinger made a motion to accept the five new SCPS member nominations. All voted in favor, and none opposed. Dr. Thurston is not available to give the legislative report. However, on behalf of Dr. Thurston, Dr. Lawrence requested we name Dr. Mary Read the State Legislative Representative. All voted in favor, and none opposed. On behalf of Dr. Forgey, Mindi Thalen gave the treasurer's report. A motion was made to approve this report. All voted in favor, and none opposed. The program committee will host its next program in September. Drs. Schaepper, Shaner, and Gross presented the APA assembly report. In new business, Dr. Fogelson discussed protection of online identities. Dr. Fogelson made a motion to invite Dr. John Luo to the next SCPS council meeting to discuss this issue. All voted in favor, and none opposed. Also for new business, there was a discussion of maintenance of certification requirements for board certification.



# CLASSIFIED ADVERTISEMENTS

**Psychiatrist - P/T - 16 hrs a wk Contractor; Child Psychiatrist needed for medication and clinical consultation for children in Residential Treatment / Out Patient Programs of Vista Del Mar. Requirements: \* MD \* Board Certified Child Psychiatrist. Reply: Board Psy jobs@vistadelmar.org**

ALL EDITORIAL MATERIALS TO BE CONSIDERED FOR PUBLICATION IN THE NEWSLETTER MUST BE RECEIVED BY SCPS NO LATER THAN THE 5TH OF THE PRECEDING MONTH. NO AUGUST PUBLICATION. ALL PAID ADVERTISEMENTS AND PRESS RELEASES MUST BE RECEIVED NO LATER THAN THE 5TH OF THE PRECEDING MONTH.

#### SCPS Officers

President ..... Larry Lawrence, M.D.  
 President-Elect ..... Steve Soldinger, M.D.  
 Secretary ..... Sophie Duriez, M.D.  
 Treasurer ..... Marcy Forgey, M.D.  
 Treasurer-Elect ..... Heather Silverman, M.D.

#### Councillors by Region (Terms Expiring)

Inland ..... Mubashuir Farooqi, M.D. (2015)  
 San Fernando Valley ..... Davin Agustines, D.O. (2013)  
 ..... Saba Syed, M.D. (2013)  
 San Gabriel Valley/Los Angeles-East ..... Hanumantah Damerla, M.D. (2015)  
 ..... Allen Mogos, M.D. (2013)  
 Santa Barbara ..... Paul Erickson, M.D. (2015)  
 South Bay ..... Margarita Krasnova, M.D. (2013)  
 South L.A. County ..... Joseph Simpson, M.D. (2013)  
 Ventura ..... vacant (2013)  
 West Los Angeles ..... Laurie Casaus, M.D. (2013)  
 ..... David Fogelson, M.D. (2015)  
 ..... Michael Gales, M.D. (2013)  
 ..... Roderick Shaner, M.D. (2015)  
 ECP Representative ..... Erick Cheung, M.D. (2013)  
 ECP Deputy Representative ..... Anita Red, M.D. (2014)  
 MIT Representative ..... Vandana Chopra, M.D. (2013)  
 ..... Ijeoma Ijeaku, M.D. (2013)

Past Presidents ..... Robert Burchuk, M.D.  
 ..... Kathleen Moreno, M.D.  
 ..... Mary Ann Schaepper, M.D.  
 Federal Legislative Representative ..... Steve Soldinger, M.D.  
 State Legislative Representative ..... Ronald Thurston, M.D.  
 Public Affairs Representative ..... Eric Levander, M.D.

#### Assembly Representatives

Lawrence Gross, M.D. (2013) ..... Mary Ann Schaepper, M.D. (2016)  
 Ronald Thurston, M.D. (2014)

Executive Director ..... Mindi Thelen  
 Desktop Publishing ..... Mindi Thelen

#### CPA Officers

President ..... Ronald Thurston, M.D.  
 President-Elect ..... Timothy Murphy, M.D.  
 Treasurer ..... William Arroyo, M.D.  
 Trustee ..... Marc Graff, M.D.  
 Government Affairs Consultant ..... Randall Hagar

#### SCPS Newsletter

Editor ..... Colleen Copelan, M.D.

Editorial Committee  
 Ronald Thurston, M.D.

SCPS website address: [www.socalpsych.org](http://www.socalpsych.org)

© Copyright 2012 by Southern California Psychiatric Society

Southern California PSYCHIATRIST, (ISSN #10476334), is published monthly, except August by the Southern California Psychiatric Society, 2999 Overland Ave., Suite 208, Los Angeles, CA 90064, (310) 815-3650, FAX (310) 815-3650.

POSTMASTER: Send address changes to Southern California PSYCHIATRIST, Southern California Psychiatric Society, 2999 Overland Ave., Suite 208, Los Angeles, CA 90064.

Permission to quote or report any part of this publication must be obtained in advance from the Editor.

Opinions expressed throughout this publication are those of the writers and do not necessarily reflect the view of the Society or the Editorial Committee as a whole. The Editor should be informed at the time of the Submission of any article that has been submitted to or published in another publication.

## DISCLAIMER

Advertisements in this newsletter do not represent endorsement by the Southern California Psychiatric Society (SCPS), and contain information submitted for advertising which has not been verified for accuracy by the SCPS.