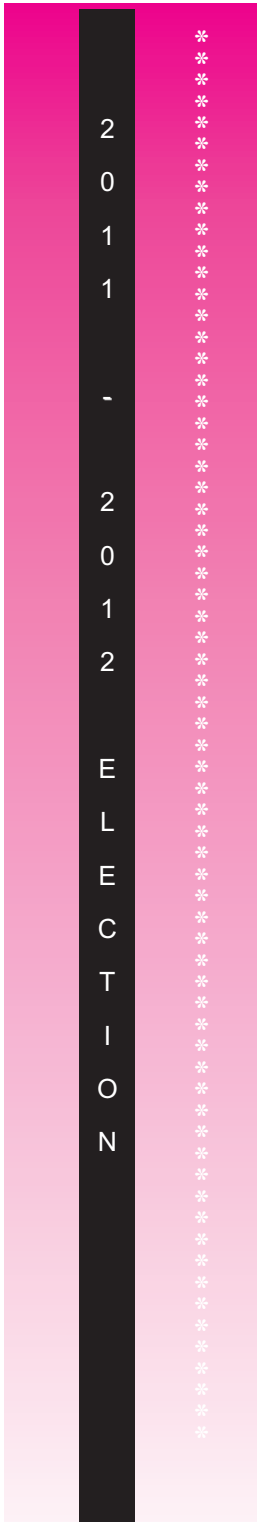


PSYCHIATRIST



President's Column

Elections, etc.

by Kathleen Moreno, M.D.

In this issue, you will find the Candidates' statements so you can make an informed decision when voting upon receiving your ballot for the election in March. The candidate's abbreviated CVs are available for your review on the SCPS website (on the Officers and Councillors page in pdf format). All of the candidates are excellent so SCPS is sure to be in good hands. Also, the APA Elections are in full force and the ballots are due April 1 by 5pm. So, please vote, vote and vote!



The California Psychiatric Association is now accepting applications for MIT Deputy Representative candidates. This one year position is followed by a second year as MIT Representative which means that eligible candidates need to be in training as a resident or fellow for the next two years. The applications must be received in the SCPS office before March 4, 2011. SCPS will then select one or two candidates and forward the applications to the Area 6 Elections Committee no later than March 10, 2011. Announcements went out to all MITs, however, if there is an MIT who is interested and in need of an application please contact Mindi Thelen at the SCPS office.

The Psychopharmacology 22 meeting was recently held last Saturday and was a fabulous

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event. A big thank you goes to Dr. Michael Gales, Chair of the Program Committee, and the committee members including Drs. Arroyo, Green, Silverman and Mindi Thelen. It was a great time for us to reengage with fellow members and catch up on the latest topics in our field.

We can make a difference. The President of the Northern California Psychiatric Society, Dr. Adam Nelson, is currently serving as a newly appointed member of the California Mental Health Planning Council which has a legal mandate to participate in the recruitment process for the California Director of Mental Health. In addition, CPA is in the process of forming a task force for also making recommendations. We are hoping that organized psychiatry will be able to have some input into filling this position which Dr. Stephen Mayberg held for 18 years.

At the local level, SCPS has a number of upcoming events. Mark your calendars for the Women's Committee High Tea on March 12, 2011 from 2-5pm; The Awards and Installation Ceremony on April 16, 2011 from 3-7pm and the Public Psychiatry Committee CME Round Table Discussion on Involuntary Partners: County Mental Health and Psychiatrists to be held on April 5, 2011 at 6pm. We are very involved in having our members be involved.

In light of the shooting in Tucson last month, the House Mental Health Caucus convened for a briefing. It was impressive to learn that there was actually some intervention implemented at this level of government. According to the APA Rush Notes from January 31, 2011, "Reps. Grace Napolitano (D-CA) and Tim Murphy (R-PA) hosted the first meeting of the House of Representatives Mental Health Caucus last week, focusing on advice for Capitol Hill staff that went over mental health warning signs and office safety preparedness. Representative Napolitano stressed the importance of combating stigma and highlighted the fact that people with mental illness are not more likely to be violent than the general population. Panelists included representatives from the Office for At Risk Individuals, Behavioral Health, and Human Services Coordination at HHS; the Substance Abuse and Mental Health Services Administration; and the Capitol Police."

We have a lot of "firsts" to participate in and I'm sure many more to look forward to.

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Letter from the Editor

Area Man Makes It Through Day

Colleen Copelan, M.D.



Yes. We like good news but most good news is, thank goodness, too ordinary to report. Like the silly headline for this month's letter, taken from America's Finest News Source, the Onion, a seriously silly publication that makes even ordinary news fun to read.

Today's ordinary news is Election of SCPS Officers.

Ordinary, yes, but don't take it for granted. In a world full of autocracies, theocracies and ochlocracies, we at SCPS hold out the Beacon of Democracy. But democracy is not free. Democracy demands an informed and engaged citizenry.

You, my dear citizen, must inform yourself about the challenges and choices for psychiatry and read every candidate statement in this issue of the newsletter. Responsible citizens are the beating heart of responsible government.

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★ ★ CANDIDATE STATEMENTS ★ ★

Deadlines for Nominations by Petition February 18, 2011

In this special section, the candidates nominated for your representation discuss their views. Please read the statements carefully before voting.
Ballots will be mailed on or around March 4, 2011.

Larry Lawrence, M.D.
President-elect



I am honored to be nominated for President-Elect of the SCPS. I have been actively involved in medicine and psychiatry throughout my career. I believe the next few years will be quite challenging to the profession. Issues of provision of quality psychiatric care in a troubled economy will push us to be innovative and creative, but should also push us to be advocates for psychiatry.

Since completing my residency training at the N.Y.U./Bellevue program, I have had opportunities to participate in program development, education, and administration of health systems. This includes work in residential care for adolescents, participating on an eating disorders program board, developing a medical-psychiatric inpatient program, and developing a program for patients with major mental health issues comorbid with addictions issues. I have been a member of a preferred provider organization board, learning the difficulties of managing a health care system.

In the past three years, I have been a residency program assistant director, and had an opportunity to develop a program which has developed nicely and been given 5 year certification. I continue to teach medical students and provide multiple lectures per year to our resident physicians, in emergency room psychiatric care and psychiatric ethics.

I expect that the next few years will require us to be well aware of national trends, an emerging healthcare paradigm, and thanks to the efforts of many colleagues and friends efforts, parity of care for our patients. Challenges of scope of practice, prescriptive authority, maintenance of certification, governance of the APA, and maintaining an involved membership, financial transparency, conflict of interest, and fair reimbursement for professional services will continue to require hard work and innovation.

I believe I can advocate for psychiatry as President-elect and President of the SCPS. I ask for your vote, but more importantly for your participation and input.

Neena Sachinvala, M.D.
President-elect



I am honored to have been nominated to run for President-elect. I have been an active member of APA for almost 30 years and a Distinguished Life Fellow since 2010. I have been a member of SCPS for over 20 years and served as a Councilor for the San Fernando Valley followed by Treasurer-elect and Treasurer. I participated in SCPS job fairs, member of the Awards Committee and continue to be a member of the Ethics Committee.

Upon completing my residency at Rutgers University, I worked as the Director of Inpatient services at South Amboy Hospital, New Jersey. Thereafter I completed a

Forensic Psychiatry Fellowship at USC. My interest in Forensic psychiatry and academics led me to start a UCLA/SFV Forensic Psychiatry Fellowship Program as the Director in 1991 to present. I worked at the Los Angeles County Mental Health Clinic and Crisis Center for four years and since then have been with the Veterans Affairs at Sepulveda for 26 years. I started as Unit Chief, Inpatient services for two years followed by Chief of Outpatient services. I actively participate in the training of residents and serve on several committees. I have proctored Part 1 and been an examiner for part 2 of the ABPN Boards. I bring with me several years of experience as a clinician, teacher, supervisor, and administrator and am knowledgeable about the various systems in the county, state and federal agencies.

I pledge to continue creating value for our members, patients and communities through education, advocacy, respect, efficacious delivery of services and to be open to innovative and creative ideas. I would actively work towards increasing membership and broadening the diversity, by reaching out to Members in Training and Early Career Members.

This position also requires accessibility to you the members; such that your ideas, intention, feedback and actions are reported and executed. I respectfully ask for your support to work with you, our colleagues in the mental health field, and our patients. I would work towards staying within the budget to prevent increase of dues in these tough economic times. I offer my commitment and full participation if elected to the office of President-elect. I hope you will give me serious consideration.



Marcy Forgey, M.D.
Treasurer-elect

I am thrilled to be nominated for the position of Treasurer-Elect of the Southern California Psychiatric Society. I have been an APA member since 2004 and joined the Southern California Psychiatric Society in 2007 after moving to California to pursue a child and adolescent psychiatry fellowship. I served on the former APA Committee on AIDS as an APA Public Psychiatry fellow and have recently been appointed to the APA Council on Research and Quality Care.

This year, I have greatly enjoyed serving SCPS as Secretary and on the newly revived Women's Committee. In addition to recording detailed meeting minutes and drafting Council meeting highlights for the newsletter, I have been able to emphasize the needs of residents/early career psychiatrists, which is an area of great importance to me as an Associate Training Director.

I have previously served as Secretary/Treasurer of the California Academy of Child and Adolescent Psychiatry. During my tenure there, I worked to maintain a well balanced budget and secured an advocacy grant from AACAP which funded a statewide advocacy and collaboration conference with NAMI. The grant allowed us to train members-in-training from throughout the state as well as NAMI members in essential national/state advocacy issues. We also granted an award to Senator Leland Yee for his outstanding work in mental health advocacy.

It is essential that we as psychiatrists educate our legislators on issues important to our patients, their families, and our profession. We are at a crossroads in California history with the state budget crisis, scope of practice issues, and the implementation of the federal health care reform bill. I hope to inspire our members to take an active role in the legislative process.

I look forward to the opportunity to serve as Treasurer-Elect of SCPS and hope that you will support my candidacy.



Steve Soldinger, M.D.
Treasurer-elect

I accept the nomination for SCPS Treasurer-elect with great honor. I have been actively involved with SCPS. I have served as the Councillor for the San Fernando Valley for the past six years. I have been Federal Legislative Representative for this past year. I have been dedicated to helping increase the membership in SCPS through my involvement with the residents at UCLA.

I feel that I have the right past experience for this job. While serving on Council the past six years I have been very involved in every discussion regarding the finances of SCPS. The past-presidents and treasurers of SCPS have often complimented me on my acute observation and knowledge with financial matters. On more than one occasion I was specifically asked to review the financial decisions that needed to be made.

I completed my training at UCLA-NPI in 1981. I received a bachelor's degree in Psychology from UCLA in 1973, and received my MD degree from UCI in 1977. I did a year of internal medicine at LAC-USC, and did my General Psychiatry residency at UCLA-NPI in 1978-1981. I have worked in private practice since 1981 in the San Fernando Valley. My office is in Sherman Oaks. I live in Encino with my wife and two dogs.

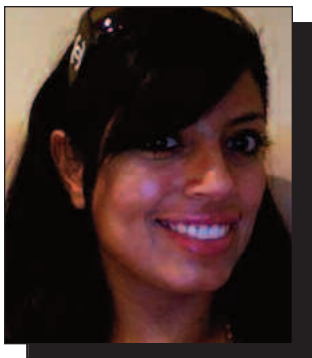
I feel that I can offer a unique perspective as I have had experience in private practice, running my medical fraternity as its international president, minored in business at UCLA, teaching residents, med students, and undergraduates during the past thirty years. It would be my pleasure and honor to serve in the capacity of SCPS Treasurer-elect.



Anita Red, M.D.
Secretary

Healthcare reform, scope of practice, and conflict of interest issues are some of the concerns with which we as psychiatrists are confronted with commonly. My involvement with SCPS over the last several years has given me a greater understanding of the constitution of these issues. These issues reveal the importance of organized medicine and psychiatry. Together, our voices are strong. A wealth of experience and passion exists on the SCPS Council. It is here that our voices have strength. One way our voices are strongest is through communication and information. It is critical that this information is shared both with our colleagues as psychiatrists but also within the mental health community. Communication is a key component of leadership. I believe that my previous experience as an editor, in graphic design, and in journalism

coupled with my insights from SCPS provide me with a solid platform to be one of several voices from the next generation of psychiatrists. My desire to serve as SCPS Secretary serves as a stepping stone toward the world of tomorrow through electronic and social media and fresh ideas for the future. If elected, I look forward to serving as the secretary for the SCPS.



Rupali Chadha, M.D.
ECP Representative

As an early career psychiatrist, graduating from residency and fellowship in an environment of legislative change, it seems not only a privilege but a necessity to belong to organizations such as the SCPS. Whether it's a challenge to our role as attendings in state hospitals or the very real possibility of non-physicians prescribing medications, we need representation to prevent frivolous and dangerous legislation in the state of California and the nation at large. Starting in medical school, I have served in professional societies like the AMA and the Illinois State Medical Society. In residency at the Johns Hopkins Hospital, I was House Staff Council President and sat on important hospital committees such as the Medical Board, the Graduate Medical Education Committee and many others. I have the skills to handle situations diplomatically, while directly and effectively stating a point. I am also forensically trained and have a background in policy writing and negotiation. As ECP representative I will dedicate myself to protecting our profession, furthering our interests as psychiatric physicians and helping secure our future as the leaders of mental health care. I look forward to being at your service.



Erick Cheung, M.D.
ECP Representative

Advocacy, ethics, progression, value. These are the foremost attributes that I seek in our professional organizations, the SPCS and APA. As psychiatry grows more complex with scientific advances, a changing healthcare system, encroachment on professional boundaries, and the enduring stigma and disparities in mental health care, psychiatrists are faced with challenging ethical and legal issues in patient care and health policy, and rely on organizations like the SCPS and APA for guidance and advocacy. However, maintaining the welfare and membership of SCPS depends greatly on adding value for members in training and early career psychiatrists.

As an ECP representative, I will seek the following on behalf of early career psychiatrists and trainees:

Enhance communication and engagement between the SCPS and trainees and early career psychiatrists.

Continue the implementation and review of the 2010 SCPS Conflicts of Interest Policy to protect the organization and the public.

Seek added value for all SCPS members through novel ideas, such as improved job classifieds, more informative newsletters and bulletins.

Advocate on behalf of our patients and profession for increased access to mental health services and decreased stigma.

Recruit and retain the next generation of psychiatrists in SCPS.



David Ruecker, M.D.
ECP Representative

Two years as a Member-in-Training Representative for the Southern California Psychiatric Society provided me with wonderful educational and career promoting opportunities. These experiences compel me to give back to colleagues through promoting membership and involvement in advocacy. In particular, I enjoy educating fellows and residents regarding vital topics explored in council and curious factoids not fully appreciated in the trenches of training. The new landscape of post-training terrain will certainly offer new challenges to us fledgling practitioners and I hope that my further involvement with SCPS will afford me the chance to inform my colleagues to the pertinent topics of psychiatry at large.



Lauren Agarwal, M.D.
MIT Representative

I am honored to be considered for the position of Member in Training Representative. I have gained tremendous knowledge, relationships, and understanding of the meaning of Psychiatry in government, training, medicine and culture through my involvement with the APA and the SCPS thus far.

I believe that I possess the capability and the passion necessary for the MIT representative position, as evidenced by my past experiences. I have been afforded numerous leadership opportunities both locally and at the state level, including membership on CPA committees, serving as resident representative to our GME office, and developing and implementing curriculum at Loma Linda. I believe these experiences have given me greater insight into systems of care, the challenges we face as psychiatrists and members in training, as well as the role of organized advocacy and the change that it can produce.

As MIT representative, my goals would be to increase awareness and membership amongst residents, educate residents about the political issues relevant to our field and our need for advocacy including scope of practice issues and health care reform, as well as serve as a voice for the needs and concerns of members in training.



Elizabeth Munzig, D.O.
MIT Representative

For many years I have been interested and involved in the connection between service and politics. As an undergraduate, I studied Political Science and have always been keenly aware of the importance of leadership and representation to society and business. With the current changes that medicine is undergoing, it is imperative to stay focused and advocate for the importance of mental health care as well as its professionals.

My work on the Graduate Education Committee at USC provides me with the experience of effective group work as well as the opportunity to be a link between the residents and the faculty/administration. If elected as a representative for the SCPS, I would continue to use these skills to not only bring pertinent issues from a resident's perspective to the society but to also be an effective liaison back to the residents – who will be future of the SCPS.



Amanda Sells, D.O.
MIT Representative

I am running for your next MIT representative because I want to be a strong and motivated voice for the future of psychiatry. From my undergraduate experiences as a psychology major to the pursuit of numerous psychiatry rotations during medical school, I have always had a passion for the human mind. Along the way, my understanding of psychiatry has blossomed from focusing exclusively on doctor-patient relationships into many more intriguing aspects including political, social, and ethical issues. As a medical student I participated in delivering geriatric psychiatry in Ireland, subsequently advocated psychiatry as my medical school's psychiatry club VP, and currently am actively practicing psychiatry as a PGY-II. Given the constant health care modifications, it is important now, more than ever, to have a strong voice for our

chosen field. As your MIT representative, it will be my priority to seek input from fellow colleagues and strengthen communication channels between residents and SCPS. Current trainees will ultimately be the ones most affected by decisions made by APA. Having a passionate liaison that solicits opinions and acts as a voice to communicate current relevant psychiatric topics will ensure that pertinent issues are identified, communicated, and addressed for future generations of SCPS.

Ballots will be mailed on or around March 4, 2011. Due Date will be April 1, 2011. Deadline to run by petition is February 18, 2011.

There are no candidates running for San Fernando Valley or West LA Councillor positions.

Abbreviated CVs for each candidate will be available on our website at:

<http://www.socalpsych.org>

Please be sure to vote.

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 Psychopharmacology Update 22?

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Council Highlights

January 13, 2011

Marcy Forgey, M.D., *Secretary*



The Executive Council returned to Billingsley's for its January meeting. The meeting was called to order by Dr. Kathleen Moreno at 7:05pm.

In SCPS/NAMI news, Dr. Moreno informed the Council that we are moving forward with plans for the SCPS/NAMI t-shirt as well as a joint SCPS/NAMI dinner tentatively scheduled for Thursday, June 2. She also reported that the Website Committee is continuing to explore options for a public directory for the SCPS website.

In election news, candidate statements are available in this newsletter and ballots will be mailed out March 4. Please make your voice heard by voting in the election!

Dr. Robert Burchuk has agreed to chair the Awards and Installation Committee this year. The Installation Ceremony has been set for April 16, 3-7pm. The venue has yet to be determined. The Council discussed the success of last year's Installation Ceremony and plans to search for another esteemed speaker for this year's ceremony. The Council hopes to secure a speaker who will appeal to the entire membership, including residents and early career psychiatrists.

Special guest attendee Dr. Marc Graff asked the Council to vote on an issue from the APA Membership Committee, which is exploring ways to change the requirements for APA Fellow status. The Council voted that all members should proceed automatically to fellow status after 5 years of membership. Dr. Graff will bring Council feedback to the APA Membership Committee.

In the President-Elect report, Dr. Mary Ann Schaepper introduced Dr. Alka Aneja, a special guest psychiatrist who recently relocated to Los Angeles from Maryland, who is eager to become involved with SCPS. She was formerly on faculty at Johns Hopkins and has a special interest in autism.

The Women's Committee will be holding their next High Tea on March 12 at the home of Dr. Heather Silverman in Santa Monica. Discussions will be held on sexual function, sexual fulfillment, and erotic transference. We are hoping for a great turnout so mark your calendars!

In the Treasurer's report, Dr. Larry Lawrence reported that SCPS is in solid financial shape and that the Psychopharm Meeting has been lucrative with limited changes to expenses.

In the Membership Committee Report, Dr. Lawrence Gross noted that membership is currently 974 members, down from 1068. A lively discussion was held regarding potential causes for the drop in membership. Dr. Roderick Shaner noted that the APA Assembly has noted an 11% drop in membership, so this appears to be a broad issue. The Council discussed potential ways to reach out to members who had discontinued membership to investigate reasons for such lapses. Outreach efforts to residents and early career psychiatrist members, who were identified as a potential high-risk group, were also discussed.

The following members-in-training were recommended for membership, pending APA approval: Victoria Huang, MD; Megha Miglani, MD; Patrick Thomas, MD; Jonathan Watt, MD; and Pauline Wu, DO. Gary Levinson, MD and Michael Mamoun, MD were recommended for General membership, pending APA approval.

In the Program Committee report, Dr. Michael Gales reminded everyone of the upcoming Psychopharm Meeting on January 29. At the time of the Council meeting, there were already 75 registrants, with two weeks until the meeting. He announced that there will be 8 booth exhibitors and that the Program Committee is hoping for a

large turnout of 100 members!

In the Legislative Report, Dr. Ronald Thurston discussed current state budget issues and Governor Brown's realignment proposal which includes plans to utilize Mental Health Services Act funds as well as five year extension of taxes to assist with the budget shortfall. Several groups are proposing new legislation to improve safety measures in state hospitals. There is also new legislation proposed to change the process of involuntary medication in California's correctional system. He also noted that the California Department of Corrections and Rehabilitation is convening a 3-day meeting to discuss scope of practice issues and invited psychologists, social workers, and marriage/family therapists to attend. Psychiatry was invited to attend this meeting as a last minute add-on only.

Special guest Dr. Maria Lymberis gave the PER report. She reported that the PER foundation has decided to partner with the newly developed UCLA Semel Institute Center for Health Services and Society, under the leadership of Drs. Ken Wells and Bonnie Zima. The upcoming PER event "Mahler on the Couch" will be the first of many fundraisers to support the Center's health services research for children and adolescents in the Los Angeles area. Dr. Wells will be presenting at the event. Dr. Lymberis hopes that there will be a good SCPS turnout for the event.

Dr. Lawrence Gross also announced that there will be funds available for "Excellence in Psychiatric Education" awards. These awards are presented annually to residents to recognize outstanding achievement in research, teaching, clinical care, or community programs. Training directors from each general psychiatry program in the SCPS area may nominate one resident for these awards. A committee will review the nominees and the winners will receive a certificate and a \$500 honorarium at the April meeting.

Dr. Robert Carvahlo announced an inpatient private practice opportunity in Ventura. He would like residents or training directors to contact him for more information.

Ms. Mindi Thelen reported that exploration is underway for updating outdated computer equipment and networking at the SCPS office.

Dr. Moreno adjourned the meeting at 9:05pm.

**Women's Committee High Tea in Santa Monica
March 12th.**

**Involuntary Partners: County Mental Health and
Psychiatrists April 5th.**

scps2999@earthlink.net for more information.

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Psychopharmacology Update 22

Photos



Sheldon Preskorn, M.D., discusses psychiatry and genetics.



Frederick Goodwin, M.D., discusses treatment of recurrent mood disorders.



Charles Grob, M.D., discusses the use of psilocybin to treat anxiety in advanced-stage cancer patients.



Kiki Chang, M.D., discusses pediatric bipolar disorder.



Stephen Marder, M.D., discusses treatment update for schizophrenia.



A large attendance at the highly successful meeting.

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and select the link for the American Psychiatric Association members.

SAVE THE DATE

THURSDAY, APRIL 7, 2011 from 7pm - 10pm

“MAHLER on the COUCH”

A Film by Percy Adlon & Felix Adlon

JAMES BRIDGES THEATER UCLA

PRESENTED BY

THE PSYCHIATRIC EDUCATION & RESEARCH FOUNDATION

CELEBRATING 20 YEARS OF SERVICE



“Mahler on the Couch” is based on Mahler’s life. After the death of their first child, the Mahler marriage collapsed as his wife, 20 years his junior, began an affair with Walter Gropius, architect and founder of the Bauhaus School. The film depicts Mahler’s marriage, his despair and his consultations with Freud. Esa-Pekka Salonen conducts the Swedish Philharmonic in the unfinished Mahler 10th symphony. The film masterfully interweaves themes of death, reactions to loss, depression, sexuality, betrayal and feminine strivings for empowerment and personhood.

The PER Foundation is pleased to announce the first phase of a multi-year fund-raising effort in support of psychiatric research that will improve mental health services and outcomes for children and adolescent in the public mental health system of our community. Consider joining our PER fundraiser event of April 7th 2011 as a PER Sponsor in one of the following categories:

PER Benefactor: \$5,000.00
PER Platinum Sponsor: \$2,500.00
PER Gold Sponsor: \$1,500.00
PER Silver Sponsor: \$1,000.00
PER Bronze Sponsor: \$500.00

For more than 20 years, the Southern California Psychiatric Society’s PER Foundation has funded projects that address the psychiatric needs of our community, focusing on improving patient care through education and research. Now PER is launching a fundraiser on April 7th 2011 to initiate a campaign to fund research to improve mental health outcomes for children & adolescents in our underserved communities. The PER Board has selected, as our partner in developing this research project, the Semel Institute’s Health Services and Society Center, directed by Dr. Kenneth Wells. That Center includes the NIMH Partnered Research Center for Quality Care, the Center for the Study of Public Mental Health (DMH, UCLA, USC) and the Media and Medicine for Communities Program. The Center’s mission is to support research to improve mental health services in our community.

With your help this event will be the success that is needed to fund urgently needed research into the psychiatric needs of children & adolescents in our own Los Angeles County. PER counts on your continued donations and support. Tell your friends and family & bring them to this event.

Looking forward to seeing you there! -- Maria T. Lymberis, MD, PER Founding President.

Health Services
AND SOCIETY

MEDIA AND
MEDICINE FOR
COMMUNITES

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\$75.00; Students/residents \$25.00

For questions e-mail: MGlazerPERCoord@aol.com

APA News

February 2011

APA Provides Information on Psychiatric Advanced Directives

Psychiatrists can play an important role in helping patients formulate advance directives for their future care should they become mentally incapacitated. The American Psychiatric Association website has a resource document available to help members better understand the uses and benefits of psychiatric advance directives (PADs) and thus be better prepared to assist the growing number of patients interested in PADs.

A number of studies highlighted in the resource document show the beneficial consequences of psychiatrists working on psychiatric advance directives with patients while they are stable. The findings show it can lead to enhanced communication between psychiatrist and patient, and a feeling of empowerment for the patient, which can lead to more interest and engagement in their treatment plan. For some patients who relapse and have to be hospitalized, PADs may reduce emotional trauma and give them more of a feeling of control.

Find the 2009 Resource Document titled Psychiatric Advanced Directives in the [APA's online library](#) with other resources developed by APA components.

Motivational Interviewing Among Courses at APA Annual Meeting

Motivation and Change: The Theory and Practice of Motivational Interviewing is the topic of a Course at the 2011 APA Annual Meeting in Honolulu. The Motivational Interviewing course, offered Saturday, May 14, from 7 a.m. to 11 a.m., will focus on the fundamentals of motivational interviewing as a supportive yet directive approach to addiction treatment, helping patients move through stages of change, and applying motivational interviewing approaches in clinical and non-clinical settings. The course is directed by Petros Levounis, M.D., and Bachaar Arnaout, M.D. Visit psych.org for more information on [the Annual Meeting](#). Open the Course Brochure.

APA Supports Special Interest Caucuses

The American Psychiatric Association has a number of special interest caucuses to provide mutual support and growth opportunities for psychiatrists. Caucuses bring together psychiatrists from minority and underrepresented groups as well as groups with a specific focus in their practice. For more information see the APA [Caucus on Complementary, Alternative & Integrative Medicine](#), the Caucus on College Mental Health (contact gerald.kay@wright.edu), and [Minority and Underrepresented Caucuses](#).

APA Remembers Tana Grady-Weliky, M.D.

American Psychiatric Association President Carol Bernstein, M.D., plans to dedicate the upcoming 2011 Annual meeting in Hawaii to Tana Grady-Weliky, M.D., who died Jan. 17 after a battle with cancer. Dr. Grady-Weliky was chair of the 2011 Annual Meeting Scientific Program Committee. "Tana was a wonderful person and one of my dearest friends," said APA President Carol Bernstein, who appointed Dr. Grady-Weliky to the program committee. "Her passing is a devastating personal loss and a loss to the medical community, to which she contributed so much."

Mental Health Works Addresses Depression in the Workplace

The [latest edition of Mental Health Works](#) is dedicated to the issue of depression in the workplace. Mental Health Works is a free quarterly publication focused on mental health in the workplace developed by the American Psychiatric Foundation's [Partnership for Workplace Mental Health](#).

Topics covered in the current issue include:

- Positive Approach Keeps People Working
- What Are You Doing About Workforce Depression?

- New Guidelines on the Treatment of Major Depressive Disorder
- Engaging Large Employers Regarding Evidence-Based Behavioral Health Treatment

To subscribe to Mental Health Works, send an e-mail to mhw@psych.org. In the body of the e-mail, please include your mailing address and phone number. To learn more about our employer outreach program, including educational materials and information on the business case for quality mental health, visit the [Partnership for Workplace Mental Health](#).

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