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President's Column - Spring Transitions: Navigating Change and Advocacy in Psychiatry

by Galya Rees, MD

Dear SCPS Members,

As we await the arrival of spring, we continue to navigate an evolving landscape in psychiatry, shaped by recent policy changes and ongoing challenges. The new administration has introduced a series of executive orders that could have implications for our field, particularly regarding psychiatric medications. One such order establishes the “Make America Healthy Again Commission,” which will review the prescribing of several classes of psychiatric medications, including SSRIs, stimulants, mood stabilizers, and antipsychotics. The American Psychiatric Association (APA) and the American Academy of Child and Adolescent Psychiatry (AACAP) have already engaged with policymakers to provide insight into the evidence-based use of these treatments and their vital role in mental health care.

I recognize that these developments are worrisome to us, to our patients, and to their families. I anticipate discussing this further in future council meetings and committees. I encourage you to stay informed and engaged in these efforts.

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